

A clinical study in Japanese smokers investigating changes in exposure to cigarette smoke chemicals in participants who switch to using a tobacco heating product for a five day period

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The glo[™] Tobacco Heating Product







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Battery-operated and recharged by microUSB

Heats a tobacco 'Neostik' to ~240°C

Neostiks are single-use and disposable

Emissions show much-reduced toxicant levels compared to cigarettes

Demonstrating Reduced Exposure – A BoE Study

- "A randomised, controlled, multi-centre open-label study in healthy Japanese subjects to evaluate the effect on biomarkers of exposure of switching from a conventional combustible cigarette to the glo[™] tobacco heating product"
- ISRCTN14301360, UMIN000024988; IRB-approved



• Clinical conduct run at two clinics in Fukuoka, Japan



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Objectives

Primary Objective

• To quantitatively assess within-arm changes in BoE and BoBE following a forced switch from a conventional cigarette to a NGP or cessation

Secondary Objectives

- To assess differences between arms in BoE and BoBE following a forced switch from a conventional cigarette to a NGP or cessation
- To determine nicotine PK parameters for the study products
- To assess subjects' satisfaction with the study products
- To monitor the safety profile of subjects using THP products and conventional cigarettes, and subjects undergoing smoking cessation

Study Population

- Healthy male or female smokers, of Japanese origin, aged 23 55 years
 - Smoking status verified by urinary cotinine and eCO at Screening and Admission
 - Healthy status verified by vital signs, clinical laboratory evaluations, physical examination, ECG and lung function tests
- Typically smoke 10 30 FMCs per day, within 6 8 mg ISO tar bands
 - Min. 6 month use of current brand and 3 years smoking history, prior to Screening

• Main exclusion criteria

- Planning to quit smoking in next 12 months
- Regular use of nicotine or tobacco products other than FMCs
- Non-inhalers (self-reported or observed at Admission)

- Biomarkers of Exposure (BoE) to a range of particulate and vapour phase smoke constituents:
 - Carbon monoxide in exhaled breath
 - Urinary biomarkers:

| Biomarker | Smoke Constituent | Biomarker | Smoke Constituent |
|---|-------------------|-----------|---------------------|
| Total Nicotine equivalents (Nic + 5) | Nicotine | CEMA | Acrylonitrile |
| | | 4-ABP | 4-Aminobiphenyl |
| Total NNAL | NNK | o-Tol | o-Toluidine |
| Total NNN | NNN | 2-AN | 2-Aminonaphthalene |
| 3-HPMA | Acrolein | 1-OHP | Pvrene |
| НМРМА | Crotonaldehyde | HEMA | , Ethylene oxide |
| S-PMA | Benzene | AAMA | Acrylamide |
| МНВМА | 1,3-Butadiene | GAMA | Acrylamide |

• Additional endpoints

- Biomarkers of effect Urinary 8-epi-PGF2α (Type III) and Blood white blood cell count
- Nicotine pharmacokinetics (C_{max}, T_{max} and AUC)



Study Design

- A multi-centre, randomised, open label, 6 arm, confinement study 5-day *ad libitum* Exposure study during 8-day confinement
- Nicotine PK at end of confined switching period, during defined single-use session
- 30 subjects in each of the study groups = 180 subjects







- Ad libitum use of all products in study (max. 120% of self-reported CPD)
 - Excluding cessation group from days 3 to 7
 - Menthol smokers were assigned to menthol products
- All urine voided by each subject collected over each 24-hour period (Days 1 to 7)
 - Urine tested for biomarkers of exposure
- Carbon monoxide in exhaled breath measured on all 7 days
- A 'spot' sample of blood also collected on Days 2, 5 and 7
 - Blood sample analysed for white blood cell count
- Nicotine pharmacokinetic assessment on Day 8 (excluding cessation group)
 - 12 hour nicotine abstinence
 - 5 minutes use of assigned product







• We have assessed the main biomarker of exposure data

- Determined mean baseline excretion and mean excretion on each day, by group
- N=30 for each group, unless stated otherwise

• In the subsequent line graphs, for clarity:

- Data has been normalised (group mean baseline values set at 100)
- Values above 100 indicate an increase in exposure
- Values below 100 indicate a decrease in exposure
- No variability estimates are shown
- We are yet to assess the biological effect markers and PK data





To benzene





To other vapour phase toxicants



--- Non-menthol cigarette --- Non-menthol glo™ THP ---- Menthol cigarette --- Menthol glo™ THP ---- Cessation





To NNK





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Summary







- First clinical study on the glo[™] THP
- When smokers switched from smoking conventional cigarettes to glo[™] THP, their exposure to cigarette smoke toxicants was significantly reduced
 - Variable reductions; many reaching levels similar to cessation
- These data may suggest the potential of the glo[™] THP as a reduced-risk product
- Further clinical studies would be necessary to:
 - demonstrate that these reductions continue or are sustained
 - quantify any translation to reductions in smoking-related health risks









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